



DGI og Dansk Svømmeunion - nåletider fra 01-09-2017 til 31-08-2021

DAMER, kortbane (25m)

DISCIPLIN	VANDHUND	SÆL	BRONZE	BRONZE SÆL	SØLV	SØLV SÆL	GULD	GULD SÆL	ELITE
CRAWL									
Pointtal	65	120	175	260	350	500	635	715	790
25			0:19.77						
50	0:57.80	0:47.11	0:41.54	0:36.41	0:32.97	0:29.28	0:27.03	0:25.98	0:25.13
100	2:06.61	1:43.21	1:31.01	1:19.76	1:12.24	1:04.14	0:59.23	0:56.93	0:55.07
200	4:35.52	3:44.59	3:18.05	2:53.56	2:37.19	2:19.57	2:08.88	2:03.88	1:59.83
400	9:43.27	7:55.46	6:59.27	6:07.44	5:32.77	4:55.47	4:32.84	4:22.26	4:13.69
800	19:52.17	16:11.81	14:16.96	12:31.02	11:20.17	10:03.93	9:17.68	8:56.05	8:38.52
1500	38:07.42	31:04.62	27:24.26	24:00.98	21:45.05	19:18.76	17:50.02	17:08.52	16:34.89
BRYST									
25			0:24.74						
50	1:11.62	0:58.38	0:51.48	0:45.12	0:40.86	0:36.28	0:33.50	0:32.20	0:31.15
100	2:35.09	2:06.42	1:51.48	1:37.70	1:28.48	1:18.56	1:12.55	1:09.73	1:07.45
200	5:34.69	4:32.82	4:00.58	3:30.84	3:10.95	2:49.54	2:36.56	2:30.49	2:25.57
RYG									
25			0:21.99						
50	1:03.84	0:52.04	0:45.89	0:40.21	0:36.42	0:32.34	0:29.86	0:28.70	0:27.76
100	2:16.86	1:51.56	1:38.38	1:26.22	1:18.08	1:09.33	1:04.02	1:01.54	0:59.52
200	4:56.53	4:01.72	3:33.16	3:06.80	2:49.18	2:30.22	2:18.71	2:13.33	2:08.97
FLY									
25			0:20.79						
50	1:00.63	0:49.42	0:43.58	0:38.19	0:34.59	0:30.71	0:28.36	0:27.26	0:26.37
100	2:15.82	1:50.71	1:37.63	1:25.56	1:17.49	1:08.80	1:03.53	1:01.07	0:59.07
200	4:57.48	4:02.49	3:33.83	3:07.40	2:49.72	2:30.69	2:19.15	2:13.76	2:09.38
IM									
100	2:20.94	1:54.89	1:41.31	1:28.78	1:20.41	1:11.39	1:05.93	1:03.37	1:01.30
200	5:03.07	4:07.05	3:37.86	3:10.92	2:52.91	2:33.53	2:21.77	2:16.27	2:11.82
400	10:45.30	8:46.02	7:43.86	6:46.51	6:08.16	5:26.89	5:01.86	4:50.15	4:40.66

= Disse nåletider bruges KUN ved stævner i DGI regi

= Disse nåletider bruges IKKE ved stævner i DGI regi

DGI og Dansk Svømmeunion - nåletider fra 01-09-2017 til 31-08-2021



HERRER, kortbane (25m)

DISCIPLIN	VANDHUND	SÆL	BRONZE	BRONZE SÆL	SØLV	SØLV SÆL	GULD	GULD SÆL	ELITE
CRAWL									
Pointtal	45	85	150	220	320	500	635	715	790
25			0:18.06						
50	0:56.95	0:46.07	0:38.13	0:33.56	0:29.62	0:25.52	0:23.57	0:22.65	0:21.91
100	2:06.34	1:42.21	1:24.58	1:14.44	1:05.70	0:56.62	0:52.28	0:50.25	0:48.61
200	4:39.37	3:46.00	3:07.02	2:44.60	2:25.27	2:05.19	1:55.61	1:51.12	1:47.49
400	9:56.72	8:02.73	6:39.46	5:51.59	5:10.31	4:27.41	4:06.93	3:57.36	3:49.60
800	20:46.64	16:48.49	13:54.54	12:14.52	10:48.28	9:18.67	8:35.89	8:15.88	7:59.66
1500	39:44.27	32:08.79	26:36.11	23:24.81	20:39.87	17:48.48	16:26.66	15:48.39	15:17.38
BRYST									
25			0:22.76						
50	1:10.98	0:57.42	0:47.52	0:41.82	0:36.91	0:31.81	0:29.37	0:28.23	0:27.31
100	2:36.34	2:06.47	1:44.66	1:32.11	1:21.30	1:10.06	1:04.69	1:02.18	1:00.15
200	5:38.72	4:34.01	3:46.75	3:19.57	2:56.14	2:31.79	2:20.17	2:14.73	2:10.32
RYG									
25			0:19.90						
50	1:02.47	0:50.53	0:41.81	0:36.80	0:32.48	0:27.99	0:25.85	0:24.37	0:23.58
100	2:17.53	1:51.26	1:32.07	1:21.03	1:11.52	1:01.63	0:56.91	0:54.17	0:52.39
200	4:56.97	4:00.24	3:18.80	2:54.97	2:34.43	2:13.08	2:02.89	2:01.40	1:57.43
FLY									
25			0:19.51						
50	1:01.28	0:49.58	0:41.02	0:36.11	0:31.87	0:27.46	0:25.36	0:24.37	0:23.58
100	2:16.18	1:50.17	1:31.16	1:20.24	1:10.81	1:01.03	0:56.35	0:54.21	0:52.44
200	5:05.21	4:06.90	3:24.31	2:59.83	2:38.71	2:16.77	2:06.30	2:02.01	1:58.02
IM									
100	2:22.42	1:55.21	1:35.34	1:23.91	1:14.06	1:03.82	0:58.93	0:56.65	0:54.80
200	5:08.21	4:09.33	3:26.33	3:01.60	2:40.28	2:18.12	2:07.54	2:02.60	1:58.59
400	11:02.09	8:55.61	7:23.22	6:30.10	5:44.30	4:56.71	4:33.98	4:23.36	4:14.75

= Disse nåletider bruges KUN ved stævner i DGI regi

= Disse nåletider bruges IKKE ved stævner i DGI regi